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Newsletter, 16 December 2021

Another year has passed in the unprecedented times for healthcare, the patients we care for, and us nurses - professionally and privately.

ESNO remains committed and even stronger to proceed with its mission and accelerate this with a number of activities, projects and program, but above all, to promote the specialist nurses' role position in our European health systems.

And let me repeat - 'our health systems' - because at the end of the day we are all in this same challenge with our medical colleagues, health assistants, also hospitals, universities and industry, both technical and pharma with their challenges in the supply chain. Only with this joined effort are we able to accomplish incredible achievements and prove to have done well for our civil society.

But it does not stop there, because as we zoom-in on clinics at ward level, we still see that struggles are unfolding. Not only do we see nurses leaving their jobs and finding other careers in health, but also them leaving the health profession as a whole. Nurse managers do what they can to prevent this attrition, but they are more often than not working on 'damage control'. Based on feedback and messages, there is much understanding and even compassion, but also a certain level of worn-out ideas and alternatives. There is an absolute need for conversations on trauma, reconciliation, recovery and even healing and a great need to take time to look from a nurse's point of view - what did they see in the past two years and what is still in their sight. We encourage everybody to join us in our activities and the activities under our campaign 'the Decade of the Specialist Nurse 2020-2030'.

Finally, a last remark on nurses in difficult situations: please do what is in your capacity to keep them onboard - not only for patients we care for, but also for the special individual nurses and the healthcare systems that we know are

under immense pressure. We must avoid nurses leaving their professions and we must work towards **#DontLetThemGo**.



“Only if we dare to tell each other openly how we keep ourselves resilient, who our sources of support are, who and what inspires us, and yes, also dare to share our positive experiences during this bad time with each other and thereby motivate each other, then we are on the right track”,

-Adriano Friganovic

ESNO CONGRESS - February 24th, 2022

On February 24th, 2022 we are going to organise the next ESNO Congress, as a follow-up to our previous series of three events. This will not be the usual congress with abstracts and a presentation, but we are going to have an additional view on what will be shared and learnt. We will do this with 3 short keynotes, special messages and above all, with participants online. There will be a special session from the members and associates.

At this early stage, we have opened a [pre-registration sub-page](#). We welcome you to pre-register via the link and stay tuned for more details.

ESNO Treasurer

We are proud to share the news that ESNO has appointed Alessandro Stievano as Treasurer. You might know Alessandro as the representative of the ENDA - European Nurse Directors Association, and his broad experience in Nurse Regulation and around the globe.



'DECADE OF THE SPECIALIST NURSE 2020-2030' Campaign

At the last ESNO Congress, we have decided to extend the program **#Caring4Nurses** [for a full decade](#). So much is happening with programs, projects, activities, but above all - our commitment to invest more in the visibility of the Specialist Nurses. In all of this, we appreciate the applause very much, although we also observe an opportunity to expand knowledge in what nurses are really doing, their work and their specialties, what European project they are in, the spectrum of specialisation and in the differences of education levels. With this campaign, we wish to set out a lot of activities and opportunities for nurses and institutions to engage and support. This support and sponsorship are most vital and welcomed, because without it, there cannot be any program or projects of impact.

For this program, we will soon engage with an external agency to support the process and progress, in order to allow the ESNO members to focus on our important work of dedicating ourselves at the clinical level and combining it with National Nursing Policy.

In the next quarter of 2022, the **#Caring4Nurses** will be revised for this 10-year campaign. The official launch will take place at the next International Nursing Day event on May 12th, 2022.

ESNO FOCUS GROUPS – 'FROM PROJECTS TO PROGRAMS'

Over the past two years, we have become more active in a number of projects and we have also experienced an increase in topics with some overlaps with each other. For example, vaccination, infection prevention control and AMR. With these overlapping issues, we have much reason to combine them. In addition, after one completed project, we have also observed an increase of nurses and networks wishing to engage with us in creating solutions in order to reduce complexities and to fragment topics. For these reasons, we have combined the projects into programs and established two Focus Groups in this field:



Microbial issues

Microbial issues, covering the Vaccination, Infection Control and the Anti-Microbial issues with a long-term view, and also including creating

supplementary curricula on specific fields. With this focus group, a long-term vision is formulated and a listing of experts in this domain is also able to provide expertise in European projects and programs.

Medication - Biosimilar

At the moment, the [Nurses Information and Communication Guide on Biosimilar Medication](#) is being upgraded from its original version from 2018. Much has happened in the field of Biosimilar but also in nurses' experiences. Some have used the guide, and in some European regions Biosimilar is not even on the radar. This requires a new impulse, and for this reason the guide is under revision for an upgrade, including more personal stories and also to be written in a less formal language. But when talking about Biosimilars, we cannot exclude adherence, medication shortage, falsified and fake medication and our relation with the EMA. For this reason, we also will establish a Focus Group with a long term vision and activities in 2022.

Other programs

We are also planning programs relating to **Blood and Plasma** and [Safety at work in 2022](#).

ESNO PUBLICATIONS 4th Q 2021

- [The forth wave, healthcare at breaking point](#)
- An opinion paper on 250+ types of specialisations in Nursing:
[in English](#) / [in Polish](#) / [in Italian](#)
- [Surgical Smoke Information and Communication Guide](#)
- [All about Microbes and Medication](#)
- [What nurses wish to know about Vaccination](#)
- [The in's and out's of Anti-Microbial Resistance and Stewardship](#)
- [No good nursing practice goes without a mature Infection Prevention Control competence](#)

*“Nursing in high quality patient clinical care is at its best when it is done in parallel with education and training. As the Chinese proverb says:
“青出于蓝而胜于蓝 - only if the student surpasses the teacher's teachings, has the teaching been successful” .*

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Join ESNO as a Member or an Associate

Are you a nurse and interested in the wider world
of the European environment of health?
Are you wishing to be informed and engage in projects, or even connect your
personal or local initiative with you colleagues within Europe?

JOIN OUR ASSOCIATION

REMINDER

Survey on Nurses' knowledge on Biosimilars

Please take the Survey.

It was initiated for a study by FoNSE Focus Group operating at ESNO.
The aim is to find out the level of knowledge nurses have acquired in the field
of Biosimilar Medication. This is an important topic that should be raised in
order to influence the future education on this topic for nurses.

With thanks for taking the survey and distribution.
Your time and insights are of great value to us,

Sabina Krupa & Wioletta Mędrzycka-Dąbrowska
The Polish Society of Anesthesiology and Intensive Care Nurses

PLEASE TAKE THE SURVEY HERE

European Nursing Congress

FUTURE PROOF NURSING
6TH EUROPEAN NURSING CONGRESS
Nurses as Key Drivers of Change

A virtual event with local hubs, October 4-7, 2022

CALL FOR ABSTRACTS IS OPEN

Join the conversation on social media via the links below!



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